

AIREX® Balance-pad XLarge

BALANCE TRAINING in a NEW DIMENSION



Barbara Klein



- Longer length: more space for your exercises
- Unlimited usage possibilities
- Waffle pattern on the surfaces
- Both-side usable
- Warm and comfortable

Manufactured by:
Airex AG
CH-5643 Sins
www.bebalanced.net

Distributed by:

www.bebalanced.net

BeBalanced!

Experience balance training in a new dimension: Approximately 98 cm or 38 1/2 inch in length, the options for using the Balance-pad XLarge are virtually endless.

Therapeutic and training goals can be achieved more quickly with the multifunctional Balance-pad XLarge. The destabilizing characteristics activate the control functions of the brain. Because of its special material, the Balance-pad XLarge provides just the right support, and intensifies the effectiveness of individual exercises. The Balance-pad XLarge is an ideal piece of equipment for training, both for beginners as well as those at the advanced level.

The Balance-pad XLarge is especially suitable for exercises in the lateral position or on all fours. By supporting oneself on hands and knees simultaneously, not only do the shoulders and hip joints benefit, but the entire spine too. Because of the size similar to a step, it also offers many possibilities for endurance training. In order to enhance comfort and safety, using an AIREX® mat for training is recommended.

The sophisticated waffle finish of the surfaces provides an effective stimulation of the foot receptors when training barefoot on the Balance-pad XLarge. Blood circulation in the feet is actively promoted. For further information and BeBalanced! training programs, please visit: www.bebalanced.net.



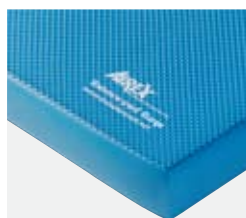
AIREX® Balance products have proven themselves thousands of times over in the fields of sport, physiotherapy and rehabilitation, thanks to characteristics which make them unique:

- **Warm and comfortable to touch**
- **Hygienic due to the Sanitized®-treatment**
- **Easy to clean**
- **Hard wearing and long lasting**
- **Multifunctional use**
- **Closed-cell structure: absorbs neither dirt nor moisture**
- **CE-approved (93/42/EWG)**

Recommended AIREX® products for BeBalanced!

- 🏠 Indoor
- ☀️ Outdoor
- 💧 In water

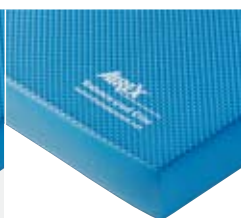
Length approx.:
Width approx.:
Thickness approx.:
Colour:
Weight approx.:



Balance-pad XLarge



98 cm / 38 1/2 inch
41 cm / 16 inch
60 mm / 2 1/2 inch
blue
1,4 kg / 4 lbs



Balance-pad Elite



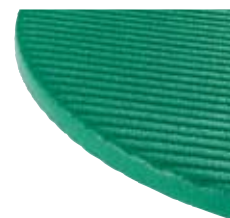
50 cm / 19 1/2 inch
41 cm / 16 inch
60 mm / 2 1/2 inch
blue
0,7 kg / 1.9 lbs



Balance-beam



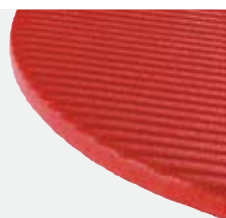
160 cm / 63 inch
24 cm / 9 1/2 inch
60 mm / 2 1/2 inch
blue
0,9 kg / 2 lbs



Coronella



185 cm / 72 inch
60 cm / 23 inch
15 mm / 5/8 inch
red, green, blue
2,2 kg / 5 lbs



Corona



185 cm / 72 inch
100 cm / 39 inch
15 mm / 5/8 inch
red, green, blue
3,8 kg / 8 lbs

Application:

Balance training, coordination and reaction training, posture stability training, motor-skill training to maintain balance.

Fitness, aerobics, gymnastics, pilates, yoga, physiotherapy, rehabilitation. AIREX® gym mats guarantee effective protection against injuries.